Legal Strategies to Address Child Support Obligations

Daniel L. Hatcher
Legal Strategies to Address Child Support Obligations

Request that the court or agency not refer the father to child support enforcement services when reunification may be a goal.

- Argue that under federal law it is within the state’s discretion to recover child support in child welfare cases.
- Argue that the state should exercise this discretion when it conflicts with case-planning goals relating to reunification.
- State that to do otherwise would be contrary to the child’s best interest.

Argue that agency case plans cannot be derailed by imposing child support recovery mechanisms.

- Argue that if reunification with the father is a goal, pursuing a government-owed debt directly conflicts with federal law regarding agency efforts to provide reunification services.

Combat any attempts by the state to terminate a father’s rights based on his failure to pay child support.

- Argue that this would unconstitutionally deprive the father of his due process right to the care, custody, and control of his child.

Identify other legal strategies to oppose collecting child support.

- Oppose the amount of the child support order because it conflicts with case-planning goals or the child’s best interest.
➤ Challenge the assignment of child support rights to the government as an involuntary assignment by the child to the state.

➤ Raise concerns under the Administrative Procedures Act in state-funded child welfare cases where the government continues to collect child support to reimburse its costs, even if there is no federal provision supporting it.

Download this and other checklists at www.fatherhoodqic.org/checklists
Case Scenario

Your father client hopes to reunify with his child and has started a reunification plan. Although he was unemployed and homeless, he just got a job driving a taxi and is saving money for a deposit on an apartment. A child support obligation was initiated when the child entered foster care, however, so the father’s license was suspended due to lack of payment. His job is at risk, and 65 percent of his last paycheck was garnished for the child support debt. The apartment complex manager tells him his credit looks bad because of the unpaid child support debt and his application will likely be denied. The caseworker updates the reunification plan to require the father to pay $5,000 in child support arrearages in addition to current payments of $200 per month. The caseworker explains that if he does not make sufficient progress on the reunification plan within the next six months the plan will change to termination of parental rights based on failure to obtain housing and provide adequate child support. As his lawyer, what can you do?

The legal and practical issues surrounding child support obligations have enormous impact on families in the child welfare system. Unfortunately, these issues are often ignored, overlooked, or misunderstood. Efforts to engage nonresident fathers in the child welfare system are underway, but those efforts will often be derailed if child support is not properly addressed. This chapter examines legal and policy concerns regarding child support enforcement in child welfare cases and shares legal strategies to address those concerns. While aimed at advocates for nonresident fathers, this chapter should also benefit advocates for custodial parents and for children as child support issues affect all parties in the child welfare system.

Understanding Child Support in Child Welfare Cases

Child support is crucial for low-income families. When the support amount is realistic and payments are directed to the custodial families, child support can help struggling single mothers lift their families from poverty and can improve family relationships with nonresident fathers. However, in the context of child welfare cases, the potential benefits of child support often turn to harm.
In the child welfare system, child support is not owed to the children. For children eligible for Title IV-E foster care assistance, federal law requires state child welfare agencies to enforce child support obligations against the parents. The payments do not benefit the children, but are rerouted to the state and federal government to reimburse the government costs of providing foster care assistance.

This cost-recovery effort can often derail case-planning goals, burdening already impoverished parents with added troubles that hamper reunification and undermine agency efforts to improve family relationships. Also, imposing government-owed child support obligations limits nonresident parents from providing informal and in-kind support to their children. Several state practices are legally questionable, at best, but legal strategies exist to challenge these practices.

Cost-recovery framework
Title IV-E of the Social Security Act, the largest source of federal funding for child welfare services, requires child welfare agencies to pursue child support obligations.\(^3\) When children are “IV-E eligible,”\(^4\) federal law requires child welfare agencies to seek child support “where appropriate” by referring cases for child support enforcement services. Resulting payments are generally kept by the government to reimburse the costs of foster care.\(^5\) In state-funded child welfare cases (where children are not IV-E eligible), no federal requirement to pursue child support exists. Nonetheless, states often pursue child support in such cases despite the lack of a federal requirement.

Consequences of child support cost-recovery efforts
The two primary goals of the child welfare system are protecting the interests of children and strengthening and preserving families. Although the Adoption and Safe Families Act increased the focus on adoption, providing services to parents to encourage reunification continues as a core goal. The child support cost-recovery efforts divert attention from the agency’s mission, and often conflict with case-planning goals. As a low-income parent struggles to meet reunification plan requirements, imposing a government-owed child support obligation can derail
the parent’s efforts through immediate enforcement mechanisms, such as suspending licenses, garnishing wages, and credit reporting.

For nonresident fathers, the harm child support cost-recovery efforts cause can be significant. Historically, child welfare agencies have not done well reaching out to nonresident fathers. Recently, the child welfare system has begun recognizing the need to engage nonresident fathers to encourage increased involvement in their children’s lives and possible reunification in appropriate cases. However, if the initial contact with a father is to force him into court for a child support obligation that is owed to the government (rather than his children) and that he likely cannot afford to pay, coupled with contempt proceedings, driver’s license suspension, and garnishment of up to 65 percent of his wages, the engagement effort will be thwarted. The father will further retreat from involvement with the agency—and his family—and his efforts to comply with case planning requirements will be severely hampered.

Legal Strategies to Address Child Support Concerns

As a lawyer representing nonresident fathers, you have several legal strategies to address concerns about child support enforcement in child welfare cases.6

Discretion not to initiate child support

The federal law triggering the child support cost-recovery requirement in child welfare cases also includes discretion. The law provides that “where appropriate,” states should “secure an assignment” of child support rights for children receiving IV-E foster care maintenance payments.7 Federal guidance interprets the statutory language as providing states flexibility in determining that certain child welfare cases are not appropriate for initiating child support enforcement actions.8 The guidance explains that states should decide a case “on an individual basis, considering the best interests of the child and the circumstances of the family,” and the guidance suggests considering whether initiating the government-owed child support obligation would be a barrier to reunification.9

Some states, like California and Ohio, have state statutes that require exercising discretion before referring a case for child support enforcement services.10 However, many states either have no legislation or policies implementing the discretion, or require initiating child support obligations in all cases. Nonetheless, even in a state where no discretion is provided in state statute or regulation, you can still argue for the exercise of discretion under federal law. In any case where
reunification is a possible goal, you can argue that either the agencies or the courts should exercise this discretion under federal law and find a referral for child support enforcement services inappropriate because it conflicts with case planning goals. Supporting the argument is the simple principle that agencies and courts must ensure every action regarding children in the child welfare system is in the best interests of the child.

Conflicts with reunification requirements and illegal case plans

If you cannot convince the child welfare agency or the court to exercise discretion and decide that initiating child support is inappropriate, another legal challenge may be possible. With some specific exceptions, federal law requires child welfare agencies to make “reasonable efforts” in order “to preserve and reunify families.” Case plans must incorporate these reunification services, and a “case review system” is required to regularly review progress toward meeting the case plan goals. Thus, if reunification is a possible goal in a child welfare case, you can argue that pursuing a government-owed child support obligation directly conflicts with federal law and regulations requiring reunification services. Imposing a debt owed to the government upon an already impoverished parent will directly hamper the parent’s efforts to become economically stable to reunify with his child.

Resources

- Federal guidance regarding discretion to not refer child welfare cases for child support enforcement services: www.acf.hhs.gov/j2ee/programs/cb/laws_policies/laws/cwpm/policy_dsp.jsp?citID=170
Also, in several states, child welfare agencies include the child support obligations as part of the federally required case plans (e.g., a reunification plan might require the parent to pay regular child support to the government to comply with the plan). Adding government-owned debt collection efforts to case plans required by federal law to assist in reunification efforts arguably conflicts with the federal requirements and is therefore illegal.

**Unconstitutional grounds for terminating parental rights**

In many states, the statutory grounds for terminating parental rights consider the failure to pay the government-owned child support obligation as a factor. Some states specifically allow that factor alone to warrant termination.\(^{15}\) Although a parent’s failure to support a child may initially seem relevant to the decision to terminate parental rights, in child welfare cases the support obligation is not owed to the child. Including the cost-recovery debt as grounds to terminate parental rights subverts the child welfare mission and the overarching consideration in termination proceedings—the best interests of the child.

If you face these circumstances, you can argue that terminating parental rights for a government-owned debt is unconstitutional on substantive due process grounds.\(^{16}\) The interests of parents and children in the parent-child relationship are constitutionally protected. The substantive due process heightened scrutiny forbids the government from infringing on such fundamental liberty interests, “unless the infringement is narrowly tailored to serve a compelling state interest.”\(^{17}\) The compelling state interest in termination of parental rights proceedings is protecting the welfare of children. A statute that allows ending the parent-child relationship because of a government-owned debt is not narrowly tailored or even related to that compelling interest.

**Additional strategies**

In addition to the legal issues briefly described above, other legal strategies exist. For example, if a court disregards arguments against initiating child support, you can still direct your advocacy toward the amount of the order. In most if not all state child support guidelines, grounds for deviating from the statutorily suggested guidelines amount are available. You can argue that a court should deviate downward from the guidelines in child welfare cases based upon best interests grounds and conflict with case-planning goals.

Additionally, you may be able to challenge the actual assignment of child support rights to the government. An assignment is a form of contract, and the forced assignment (often by state statute) of child support rights without voluntary
agreement is legally questionable. Some states have no provision to start the assignment; rather they simply consider the child support as owed to the government with no legal process for the transfer of rights.

Finally, in state-funded child welfare cases (for children who are not IV-E eligible), there is no federal provision for collecting child support to reimburse government costs. Nonetheless, many states still pursue child support in these cases and keep the resulting collections. The asserted basis for the cost-recovery collections in state-funded cases is a patchwork of informal federal agency communications, therefore raising Administrative Procedures Act (APA) concerns.\(^{18}\)

**Conclusion**

Child support issues facing nonresident fathers (and all parties) in child welfare cases are often overlooked and warrant serious attention by advocates. Because your state’s agencies, courts, and legislatures have likely not grappled with these issues, education is a key part of your advocacy strategies. Although the legal issues can become complex, the core themes are simple. Child support should not harm children or conflict with case-planning goals, and all actions by child welfare agencies and the courts should be guided by the best interests of the child standard—not the government’s fiscal interests in cost recovery.

**Endnotes**


2. For simplicity, this chapter refers to custodial parents as mothers and noncustodial parents as fathers or nonresident fathers.


4. The specific IV-E eligibility requirements are complicated, but primarily focus on limiting the federal assistance for children removed from low-income families that would have been eligible for welfare assistance. See 42 U.S.C.A. § 670; 42 U.S.C.A. § 672.


6. For additional analysis regarding these strategies, see Hatcher, “Collateral Children,” 2009.


9. Ibid. Many other circumstances might warrant discretion to not initiate child support obligations. For example, even where reunification is not a goal, a parent may be very involved in the child’s life—with visitations, informal support, providing child care, etc. so that imposing government-owed support may harm the relationship.


11. Even if reunification is not the goal, discretionary arguments are still possible—such as arguing the referral would conflict with family relations and the best interests of the child, or might pose an undue hardship based upon disability.


13. 42 U.S.C.A. § 675(1)(b); 45 C.F.R. § 1356.21(b) & (g)(4).


15. E.g., N.C.G.S.A. § 7B-1111(a)(3).

16. Additional arguments may exist, such as a possible violation of the Cruel and Unusual Punishment Clause. For further analysis of the arguments, see Hatcher, “Collateral Children,” 2009.


18. For additional analysis regarding these possible arguments, see Hatcher, “Collateral Children,” 2009.